

# NATIONAL DIABETES PREVENTION PROGRAM

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SESSIONS STARTING:

September 28th  
at 10am

WHERE:

Marion County Health  
Department

300 Second Street  
Fairmont, WV 26554

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THE CENTER FOR DISEASE AND PREVENTION (CDC)

Leads the National Diabetes Prevention Program, a public-private partnership of community organizations, private insurers, employers, health care organizations, faith-based organizations, and government agencies working to establish local lifestyle change interventions for people at high risk for type 2 diabetes.

FREE  
NO COST

PREVENT or DELAY  
TYPE 2 DIABETES  
BY:

*Incorporate  
Healthier Eating  
Moderate  
Physical Activity  
Problem-Solving  
& Coping Skills*

INTO YOUR  
DAILY LIFE!!

A proven lifestyle change intervention that has been shown to prevent or delay type 2 diabetes in high-risk patients, in people at risk through achievable and realistic lifestyle changes.

Call: 304  
366-3360

*or speak with your  
health care provider  
to see if you qualify.*